

National JROTC Fitness  
Challenge Championships  
Awards Master



## **Male - Seated Power Throw Medals**

|             |                                  | Inches |
|-------------|----------------------------------|--------|
| 1st Place - | Joe E. Newsome HS – Trevor Derry | 320    |
| 2nd Place - | North Salem HS – Keith Bryson    | 318    |
| 3rd Place - | Brandeis HS – Nathan Mitchell    | 305    |

## **Female - Seated Power Throw Medals**

|             |                                      |     |
|-------------|--------------------------------------|-----|
| 1st Place - | Joe E. Newsome HS – Catalina Smith   | 239 |
| 2nd Place - | Atlantic City HS – Cassandra Pereira | 206 |
| 3rd Place - | North Salem HS – Joseline Corrales   | 200 |

## **Male – Standing Broad Jump Medals**

|             |                                       |               |
|-------------|---------------------------------------|---------------|
| 1st Place - | Gurdon S. Hubbard HS – Rashad Edwards | 144           |
| 2nd Place - | William J. Brennan HS – Alex Maisonet | (won tie) 122 |
| 3rd Place - | Atlantic City HS – Michel St. Juste   | 122           |

## **Female – Standing Broad Jump Medals**

|             |                                   |     |
|-------------|-----------------------------------|-----|
| 1st Place - | Tom C. Clark HS – Symphony Sumral | 120 |
| 2nd Place - | Lee County HS – Kali Taylor       | 94  |
| 3rd Place - | Granbury HS – Kyleigh Jacobs      | 92  |

## **Pull Ups Individual Medals (Male)**

|             |                                    |              |
|-------------|------------------------------------|--------------|
| 1st Place - | Haines City HS – Armando Laguardia | 31           |
| 2nd Place - | Atlantic City HS – Aly Hilaire     | 30           |
| 3rd Place - | Atlantic City HS – Keyshawn Smith  | (won tie) 29 |

## **Flexed Arm Hang Individual Medals (Female)**

|                    |   |               |
|--------------------|---|---------------|
| <b>1st Place -</b> | <b>Haines City HS – Araceli Hernandez</b> | <b>3:27.0</b> |
| <b>2nd Place -</b> | <b>Lee County HS – Kali Taylor</b>        | <b>2:32.0</b> |
| <b>3rd Place -</b> | <b>Haines City HS – Valentina Garcia</b>  | <b>2:19.0</b> |

## **Mixed Division Seated Power Throw**

|             |                                      |      |
|-------------|--------------------------------------|------|
| 1st Place - | Brandeis HS – Praetorians            | 2074 |
| 2nd Place - | North Salem HS – Pain Trainers       | 1952 |
| 3rd Place - | Joe E. Newsome HS – Mixed Sea Wolves | 1796 |
| 4th Place - | Atlantic City HS – Fighting Vikings  | 1779 |
| 5th Place - | Bloomingtondale HS – Rajun Bulls     | 1773 |

## **Male Division Seated Power Throw**

|             |  |      |
|-------------|--|------|
| 1st Place - | Atlantic City HS - Vikings               | 2292 |
| 2nd Place - | Wando HS – Warrior Raiders               | 2064 |
| 3rd Place - | William J. Brennan HS – Spartan Bears    | 2037 |
| 4th Place - | Flagler Palm Coast HS – Blazing Bulldogs | 2026 |
| 5th Place - | Bemidji HS – Lumberjacks                 | 1975 |

## **Mixed Division Standing Broad Jump**

|             |                                      |     |
|-------------|--------------------------------------|-----|
| 1st Place - | Denver Public Schools – West Cowboys | 886 |
| 2nd Place - | Tom C. Clark HS – Sweat Team Six     | 883 |
| 3rd Place - | Haines City HS – Hornets             | 856 |
| 4th Place - | Granbury HS – Pirate Nation          | 842 |
| 5th Place - | Lee County HS – Fighting Trojans     | 835 |

## **Male Division Standing Broad Jump**

|             |  |      |
|-------------|--|------|
| 1st Place - | William J. Brennan HS – Spartan Bears    | 1021 |
| 2nd Place - | Atlantic City HS – Vikings               | 958  |
| 3rd Place - | Sandra Day O'Connor HS – Black Panthers  | 923  |
| 4th Place - | Denver Public Schools – North Vikings    | 919  |
| 5th Place - | Flagler Palm Coast HS – Blazing Bulldogs | 913  |

## **Mixed Division Pull-Up/Flexed Arm Hang**

Based on combined Placement points

|             |                                      |    |
|-------------|--------------------------------------|----|
| 1st Place - | Haines City HS – Hornets             | 2  |
| 2nd Place - | Lee County HS – Fighting Trojans     | 6  |
| 3rd Place - | Brandeis HS –Praetorians             | 7  |
| 4th Place - | Tom C. Clark HS – Sweat Team Six     | 7  |
| 5th Place - | Denver Public Schools – West Cowboys | 10 |

## **Male Division Pull Ups**

|             |  |     |
|-------------|--|-----|
| 1st Place - | Atlantic City HS – Vikings               | 179 |
| 2nd Place - | William J. Brennan HS – Spartan Bears    | 142 |
| 3rd Place - | Flagler Palm Coast HS – Blazing Bulldogs | 129 |
| 4th Place - | Wando HS – Warrior Raiders               | 121 |
| 5th Place - | Denver Public Schools – North Vikings    | 112 |

## **Mixed Division 3-K Team Run**

|             |                                      |          |
|-------------|--------------------------------------|----------|
| 1st Place - | Joe E. Newsome HS – Mixed Sea Wolves | 11:08.00 |
| 2nd Place - | Denver Public Schools – West Cowboys | 11:10.00 |
| 3rd Place - | North Salem HS – Pain Trainers       | 11:33.00 |
| 4th Place - | Granbury HS – Pirate Nation          | 11:37.00 |
| 5th Place - | Lyman HS – Greyhounds                | 11:56.00 |

## **Male Division 3-K Team Run**

|             |                                       |         |
|-------------|---------------------------------------|---------|
| 1st Place - | William J. Brennan HS – Spartan Bears | 9:20.00 |
| 2nd Place - | Wando HS – Warrior Raiders            | 9:45.00 |
| 3rd Place - | Clover HS – Mors Ab Alto              | 9:51.00 |
| 4th Place - | Denver Public Schools – North Vikings | 9:54.00 |
| 5th Place - | Atlantic City HS – Vikings            | 9:56.00 |

## **Mixed Division PTT Team Run**

|             |                                     |         |
|-------------|-------------------------------------|---------|
| 1st Place - | Tom C. Clark HS – Sweat Team Six    | 2:08.56 |
| 2nd Place - | North Salem HS – Pain Trainers      | 2:08.59 |
| 3rd Place - | Joe E. Newsome – Mixed Sea Wolves   | 2:09.50 |
| 4th Place - | John Jay HS – Sentinels             | 2:13.16 |
| 5th Place - | Atlantic City HS – Fighting Vikings | 2:18.57 |

## **Male Division PTT Team Run**

|             |  |         |
|-------------|--|---------|
| 1st Place - | Clover HS – Mors Ab Alto                 | 1:54.25 |
| 2nd Place - | Williams J. Brennan HS – Spartan Bears   | 1:56.12 |
| 3rd Place - | Atlantic City HS – Vikings               | 1:56.81 |
| 4th Place - | Sandra Day O'Connor HS – Black Panthers  | 1:56.91 |
| 5th Place - | Flagler Palm Coast HS – Blazing Bulldogs | 2:08.44 |

## **Mixed Division Overall Event**

Overall Champion – Brandeis HS – Praetorians (won tie) 18

Runner-Up - Tom C. Clark HS – Sweat Team Six 18

Third Place - Denver West High School 19

## **Male Division Overall Event**

Overall Champion – William J. Brennan HS – Spartan Bears 9

Runner-Up - Atlantic City HS – Vikings 12